

WINNER PROJECT

Women, Disability Inclusive and Nutrition Sensitive WASH Project



MULTI STAKEHOLDERS COLLABORATION AS SUCCESS FACTOR FOR INKLUSIVE SANITATION

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HAPPY NEW YEAR 2023!

We are now entering a new year of 2023 with even greater spirit and ambition to keep voicing out the fulfilment of child rights. We are hoping that friends of Yayasan Plan International Indonesia (Plan Indonesia) are blessed with great health and able to live the new year better than the previous year.

Throughout 2022, we are glad to mark several events as significant program achievements for the WINNER (Women and Disability Inclusive WASH and Nutrition Sensitive) Program in some areas that we assisted

Among the achievements are, the fulfilment of STBM Pillars and the government's commitment in encouraging a Clean and Healthy Living. For example, in August 2022 Mataram City declared the achievement of 5 STBM Pillars and in November 2022, Lombok Tengah District also declared themselves the achievement of 3 STBM Pillars and they aims to complete all of the Five STBM Pillars by 2023

In addition, Belu District, Nusa Tenggara Timur (NTT), happily and proudly reached the First STBM Pilar, Stop Open Defecation. Belu District Government and the sanitation actors are optimistic that they are able to reach all of the Five Pillars in a couple of years.

The long collaboration between Plan Indonesia through the WINNER Program with the Mataram, Lombok Tengah and Belu District Governments bears fruits that we should all be proud of. We learn that having proper guidance, method, as well as collaborative spirit highly affects the acceleration of PHBS movement and STBM implementation in all intervention areas. Hopefully through this newsletter, all of our friends are able to join the journey that is rich with learnings and good practices to inspire our future campaign. And lastly we are also hoping that the improvement of sanitation and hygiene condition could lead to stunting reduction in the community. The improvement of sanitation and hygiene is also the frontline to face climate change that could put the community in greater health risk.

Live a clean and healthy living,

Dini Widiastuti
(Plan Indonesia Executive Director)

ABOUT WINNER

"WINNER Project (Women Disability Inclusive and Nutrition Sensitive WASH) is a project managed by Yayasan Plan International Indonesia and is funded by the Government of the Netherlands through DGIS. WINNER Project aims to campaign for gender equality and inclusive behavioural changes in sanitation and hygiene in communities. WINNER Project is a part of the WASH-SDG Programme managed by the WASH-SDG Consortium, consisting of organisations with concern in sanitation and hygiene issues based in the Netherlands. WINNER Project has been implemented in NTB and NTT Provinces from 2018 to 2022."



Belu Regent, dr. Taolin Agustinus, Sp.PD-KGEH, showed his support in the implementation of GESI STBM, by attending the ODF Declaration in one of the village in Belu District (Photo: Gregorius Leuape/Yayasan Pijar Timur Indonesia)

SANITATION IS IMPROVING, BELU SUCCESSFULLY LOWER STUNTING RATE

Belu Regent, East Nusa Tenggara (NTT), dr. Agustinus Taolin, Sp. PD-KGEH, could not hide his pride when representing Belu in receiving the 2022 STBM Award directly from the Ministry of Health, in Jakarta for the category of Open Defecation Free (ODF) acceleration, signifying that 100% of communities in his regency is no longer defecating openly.

"He didn't just receive STBM Award at that time, but also received awards on behalf of several sanitarians from Belu. So, as soon as he arrived from Jakarta, the next day he held a ceremony and announced these achievements of Belu Regency. Surely this makes us all proud," explained Rene Bere Baria, Head of Development Planning, Regional Research and Development Agency (BP4D), Belu Regency, when sharing the Regent's reaction and expression over the award, via a zoom interview on early December.

Rene explained, the Regent who is a doctor, has prioritized people's health and cleanliness since the first day being elected as Regent. Within the first 100 days after being sworn in, he immediately conducted a free medication program for all Belu people. The Belu Regent is also feeling uneasy in facing the stunting condition in Belu which is still high. He believes, it can only be corrected by tackling the issues of sanitation, hygiene, access to clean water and nutrition. Thus, according to Rene, when the STBM-GESI come with the WINNER Program from Plan Indonesia, it felt as it came at the right time as an entry point to address stunting.

"Before we got the award and held ODF Declaration in December 2022, our sanitation condition was still far from proper, with just 32%. Then we pursued and succeeded in November 2022, thanks to the STBM-GESI method and approach. It significantly able to reduce the stunting rate to 7% from 13.7%," Rene explained.

The seriousness of Belu District Government in tackling the issues of sanitation, hygiene, and public health is solidified with the issuance of the Regent Regulation on STBM-GESI and STBM Roadmap, which were socialized in early December by Pokja AMPL, Puskesmas Head, and Camat over a workshop.

“Roadmap to facilitate collaboration become important. At that time, there were 17.2% of Belu communities still defecate openly. It may not be much. Yet, it was the most challenging as it is related to behaviour change. It cannot be done within a year or two. If you want to move quick, we need all sectors to put their best efforts and work hard, so having a roadmap really helps in determining which direction we should go” Rene added.

Hereon, Rene added, it was very easy to mobilize, coordinate, and communicate with the SKPD, as well as other parties, even the disability organizations in Belu. The district government also visited the villages to join the socialization and triggering in the communities. Although not at all times, the presence of the Regent's officials in the villages has provided a boost for spirit of the team working in the field.

In Belu, there are 17 Puskesmas to spearhead the STBM-GESI socialization. Now, they have the fullest support from the Belu District Government. What is interesting in campaigning and socializing STBM to the target communities is the involvement of a disability organization called Kumpesa. They also collaborating with sanitarians and the local cadres, strengthened with the Regent's support.



Belu District Head providing great support on GESI STBM promotion conducted by Kumpesa Rai Belu (disability people organization) reaching marginalized group in the community (Photo: Agus Haru/Plan Indonesia)

MATARAM CITY SUCCESSFULLY COMPLETE 5 PILLAR OF STBM



Deputy Governor of NTB, Siti Rohmi Djalilah gave the award to Mataram City Mayor, Mohan Roliskana for the achievement of 5 STBM Pillars on August 2023 (Photo: Abdul Rohman/Plan Indonesia)

The Mataram City Government declared the achievement of the five pillars of Community-Based Total Sanitation (STBM) on Wednesday (31/8/2022). This achievement confirms that the City of Mataram has ultimately pursued changes in clean and healthy living behavior through STBM, which the local government has run since 2018.

Meanwhile, the City of Mataram declared and successfully achieved the five STBM pillars: Open Defecation Free, Hands Washing with Soap, Safe Drinking Water and Food Treatment, Proper Household Waste Management, and Safe Household Liquid Waste Management. The achievement of the five STBM pillars was carried out at Sangkareang Park, Mataram City, to coincide with the 29th anniversary of Mataram City, which falls on August 31, 2022.

The success of achieving these five STBM pillars also complements several achievements of the City of Mataram in recent years through the support of Yayasan Plan International Indonesia (Plan Indonesia) in the sanitation and hygiene sector. Previously, the city has also successfully achieved 100% Open Defecation Free (ODF), won the 2021 STBM Award, and won the 2022 AMPL Award from

the central government for its achievements in implementing STBM with gender-equal and inclusive.

Director of Environmental Health of Ministry of Health, dr. Anas Maruf, MKM expressed his appreciation to the Government and Society of Mataram City, who had completed implementing the 5 Pillars of STBM. Currently, in Indonesia, only three cities/regencies have finished implementing the 5 STBM Pillars, one of which is Mataram City. The achievement can trigger Regencies/Cities throughout Indonesia to accelerate the achievement of the 5 Pillars of STBM, both in the community and in school institutions. "Congratulations and success on the status of Mataram City as the 3rd city in Indonesia that has implemented the 5 STBM Pillars and will give color to STBM Award this November," continued Anas.

In his speech, Mataram Mayor H. Mohan Roliskana thanked all who supported the achievement of the five STBM pillars in Mataram City. This achievement is inseparable from the support of the relevant cross-sectors and collaboration with various parties. "In the future, we are committed to continuing to collaborate, work together, endeavor, and be active to create STBM GESI and the 5 Pillars of STBM that are sustainable and inclusive in Mataram City," continued Mohan.

Meanwhile, Plan Indonesia Executive Director Dini Widiastuti said,, to support the Mataram City Government in the Women & Disability Inclusive And Nutrition Sensitive WASH (WINNER) Program, which has been running for more than four years in Mataram City. This program is also implemented in Central Lombok, Malacca, and Belu Regencies.

"There are many good lessons learned from this program in the community, which are very important to be socialized for its sustainability and expansion, especially strengthening the active participation of the community, especially children, women, and people with disabilities," said Dini.

The WINNER program has also succeeded in encouraging the emergence of the MOLAH GATI (Mataram Olah Household and Institutional Waste) movement, which is supported by the policy of the Mayor of Mataram to help safe sanitation in urban areas. This support is in the form of Mayor Regulation No.50/2019 regarding urban sewage management

and Mataram Mayor's Decree No.440/IV/2019 regarding establishing the Water Sanitation Housing and Settlement Working Group (POKJA PPAS).

Furthermore, Dini said,, Plan Indonesia always encourages the active participation of the community, including marginalized groups, in sanitation and hygiene development in all of its working areas. Plan Indonesia believes that all community members, including girls, youth, and persons with disabilities, have the right and potential to participate in sanitation development and must be continuously supported. "I express my appreciation to the City of Mataram, which is highly committed to encouraging the active participation of marginalized groups in the implementation of the 5 Pillars of STBM and menstrual hygiene management activities so that this city becomes an inclusive and female-friendly city," said Dini. He continued, "Hopefully, this can be sustainable and replicated by other regions in Indonesia," said Dini.



5 STBM Pillars Declaration of Mataram City was celebrated during the 29th Anniversary of Mataram which celebrated on 31st August. (Photo: Plan Indonesia/doc)



Regent of Lombok Tengah, NTT, Lalu Pathul Bahri (in gray suits), proudly shows the certificate of achievement of STBM Pillar 1-3. (Photo: Gregorius Leuape/Yayasan Pijar Timur Indonesia)

FULFILLING COMMITMENT OF SANITATION IMPROVEMENT, LOMBOK TENGAH

DECLARED 3 STBM PILLARS IN 2022

Lalu Wiranita, Head of Lombok Tengah District Development Planning Agency (Bappeda) West Nusa Tenggara (NTB) was pessimistic at first with the target of Open Defecation Free (ODF) in his area. Prior to the world class event of Moto GP1 in Mandalika on March 2022, there were 37.4% of his community still practicing open defecation. This issue is not only about building infrastructure but also about changing the community behaviour that has been years in the making, even like a “tradition” from their ancestors.

This is not an easy feat and for two decades, Lombok Tengah District Government has been encouraging its people to stop open defecation. Imagine if during a world class event and the news that went viral was people defecating openly.

Thus, Lombok Tengah District Government felt lucky when the district was included in the WINNER Project of Plan Indonesia. Along with Transform, the implementing partner of the program, they conducted joint evaluation and was assisted during the implementation of STBM-GESI method.

Since 2019, under Bappeda coordination, they intensively and purposefully implement the program, with the full support from the District Secretary (Sekda) and the Regent, as well as the mobilisation of the related stakeholders. Key community figures,

such as the religious leaders, traditional leaders, women and disabilities groups, are also included. This is not just the job for sanitarians and health centres.

In working together and collaborating with multiple parties, Lombok Tengah District Secretary, Lalu Firman Wijaya during a Zoom interview at the end of 2022, said that it requires a well-led coordination. A collaborative work, Firman said, is like a beautiful and harmonious musical orchestra where Sekda, as the extension of the Regent, is the conductor, the musical score is the plan and strategy made by Bappeda. The musical players are the main duties and functions given to Regional Working Unit (SKPD). The musical harmony is a result of solid-regular coordination and work of multiple parties.

“We can build easily but what good it will be if the community behaviour stays the same. It’s not easy to change the behaviour, it requires examples, socialization, and implementation assurance,” Firman said when asked about the challenges faced in the field.

Firman also reminded all parties involved to identify key community figures to change the behaviour of the communities who still defecate openly. For example, religious leaders in their preaching may insert the importance of keeping hygiene and health. In Islam there is a hadith saying “Cleanliness is part of faith,”

that can be resounded in various aspects. They also encourage *awig-awig* (village rules) to accommodate this STBM element.

“Sometimes we need to do field visit. We can’t just leave it there. We encourage the sub-districts, the *kelurahan*, even going to villages as well. To show that we are serious and are supporting them,” he explained.

According to sanitarians, village visits by Lombok Tengah District Government officials, is admittedly a huge boost to accelerate the socialization process and strengthen the commitment from sub-district to village level. They even visited the field during monitoring.

SEEKING 100% COMPLETION OF THE LAST TWO STBM PILLARS

On 7 November 2021, Lombok Tengah District Government declared the 100% Open Defecation Free upon the concrete realization of the Regent Regulation No.30 of 2017 on the Community Sanitation Development Movement and commitment in achieving the Gender Equality and Social Inclusion (GESI) Five STBM Pillars. Lombok Tengah Regent, Lalu Pathul Bahri, in his speech during the event said that he believes that Lombok Tengah is able to complete the remaining four STBM pillars in 2022. This is proven by the Lombok Tengah District Government when they achieved 100% STBM for pillar 1 to 3 on World Toilet Day and National Health on 18 November 2022.

Two remaining pillars; Household Waste Management and Household Liquid Waste Management to prevent Environment Pollution, are set to be achieved and completed in 2023.

“The scores for the last two pillars are still under 40%. But we have officially signed a commitment with relevant agencies with the Regent, along with Plan Indonesia and its partners, as well as local NGO that focus on the fourth and fifth pillars,” Pathul Bahri explained.

In pursuing the two STBM pillars, Bappeda asked all sectors to put the two pillars into the Medium-Term Development Plan (RPJM) while ensuring its budget allocation in the Regional Budget (APBD), and village funds.

“We also approach the youth and children communities, and included this issue into the children *Musrembang*, so children can be influencers for their parents.,” he explained.

In addition, for household waste management, the District Government have constructed communal latrines. It triggers the community awareness to build their own latrines at home, with their own money.

“Some community members feel ashamed and end up building their own latrines at home. It means that people are actually capable of building the facility,” Wiranita said.

Wiranita added that his agency already established 100 Waste Care Group in remote villages, but they have no activities due to the recent pandemic. Yet, some villages have managed their waste successfully by establishing Waste Bank, and even generated economic benefits for the caretaker. Now, Lombok Tengah District Government is preparing 800 ha of land (from previously just 500 Ha) for waste management. This is still underway and is expected to be finished in 2023.



Jointly evaluating the STBM socialization results (Photo: Plan Indonesia/doc)

TRANSFORMATION OF KOPANG REMBIGA, A 5 PILLARS STBM VILLAGE

It took almost a decade for the community in Kopang Rembiga Village, Kopang Sub-District, Lombok Tengah, NTB to change their "dirty" behaviour such as open defecation, and mainly, littering. If in 2018, the village government did not meet with Plan Indonesia and its partners, Konsepsi and Transform Indonesia, it is very likely that this habit will continue today. This was said by Suwito, 50, Kopang Rembiga Village Head since 2017.

Kopang Rembiga Villages is one of the 24 pilot villages in Lombok Tengah by Plan Indonesia to improve access to sanitation and hygiene using STBM – GESI approach through WINNER project.

"I used to work as an Indonesian Migrant Worker (TKI) in Japan. I carried the Japanese habits of discipline and cleanliness when I returned to the village. However, it's different when I'm home. My village is dirty. When I was elected as Village Head, I started by tackling the solid waste problem. However, the approach to prevent people from open defecation is rather difficult, as it is a habit that have been done for a long time," Suwito explained.

Suwito also admitted that back then he did not know and understand about STBM, until Konsepsi and now Transform, Plan Indonesia's WINNER Project implementing partners, along with sanitarians, introduced it to him. It was an eye opener for Suwito and he feel happy that there is a good method to raise public awareness.

No wonder that Kopang Rembiga Village is now transformed into a beautiful and clean village. It is known as a Tourism Village and has been declared as one of four villages in Lombok Tengah District which have completed the 5 STBM Pillars consistently.



Kopang Rembiga Village is one of the villages in Loteng succeeded in completing 5 STBM Pillars. (Photo: Musfarayani/ Plan Indonesia)

Three other villages that have been declared as STBM villages are Semparu, Bilebante, and Sisik Village which can be used as models for other villages and sub-districts, so that hopefully within the next few years, Lombok Tengah will be able to meet the district level STBM indicators.

Widianto also implements a waste management system by deploying cleaning staffs paid from the village treasury. He also has plan to recycledomestic waste, as well as ensuring that all of his people live a clean and healthy life. In addition, his team is working alongside the *Puskesmas* to record data of residents requiring assistance to improve their hygiene and health.

JENILU VILLAGE IN SUBDUING FISHERMEN'S VILLAGE COMMUNITY TO STOP OPEN DEFECACTION

It was not easy for Daniel Robert Fatikanova, Jenilu Village Head, Belu Regency, NTT to carry a mandate to change his community's behaviour, especially people living by the sea or in the fishermen's village, to stop open defecation. There is less attention in every level of sanitation and hygiene. He tried to analyse, it is perhaps due to the fishermen community in the village are migrants from other regions with less sense of belonging and caring, other than the old habit of open defecation.

Daniel explained that this village, actually, has a proper sanitation access, 85% of 721 households (2,718 people) in five subvillages. However, he has yet to find a proper method to approach the community in the fisherman community. That is until 2018, when the STBM-GESI was introduced as part of the WINNER project by Plan Indonesia and its partner Yayasan Pijar Timur Indonesia. Together with the village officials, he started the approach, this time they were not on their own.



Fishermen community of Jenilu Village finally has their own latrine and no need to defecate openly. (Photo: Plan Indonesia/Doc)



The Jenilu Village STBM-Gesi Team conduct consistent approach and monitor the implementation of community-based latrines construction. (Photo: Plan Indonesia/Doc)

Officials from Atapupu Health Centres, including Sanitarian, Health Promotion officers, Sub-district STBM Team, and Belu District Health Agency also visited the subvillages. The team initiated the village activity by socializing the Five STBM Pillars along with the establishment of Village STBM Team. They received capacity building on how to do triggering and awareness campaign of clean and healthy living through the STBM-GESI.

Prior to the triggering to Stop Open Defecation to the subvillages, the STBM Team has already collected data on the sanitation condition and the health behaviour of the community in those subvillages. This makes it easier for them to conduct appropriate and measurable approach to the community.

"Approaching the fishermen community to Stop Open Defecation cannot be done just one or twice. We need to do triggering and approach them iteratively. Until finally they want to Stop Open Defecation," he explained.

When the community grew awareness not to defecate openly, building latrines in sandy, hilly, and rocky coastal area present another challenge. “We found a suitable location and the community want to build it independently. So, we end up constructing an environmentally friendly latrines with three filters, keeping the waste from polluting the ground or sea water,” he explained.

Until now, the fishermen community already build seven permanent latrines. Most of the people there wishes to build their own latrines.

The success of the Jenilu Village in achieving Stop Open Defecation received warm welcome from the Belu District Government. Even the Belu Regent, dr. Agustinus Taolin, Sp. PD-KGEH, FINASIM held an ODF Declaration directly in the village hall on 29 July 2021. The community of the village bordering Timor Leste unanimously pledged a commitment and consistency to live a clean and healthy live within STBM-GESI framework.

PURSuing A VILLAGE TARGET OF FIVE STBM PILLARS

In the event, the Belu Regent said, he never wants his people to be known as seedy, unhealthy, and dirty. Thus, he expects the Village STBM Team to actively educate the community continuously.

“What is done in this village is an illustration about the process and how we encourage the STBM-GESI movement to be implemented in the village. This model is clearly to be applied to other villages. So, a roadmap becomes important for us to measure and target the correct people and community,” explained Rene Baria, BP4D Head, Belu District, that has been a main driving force of the STBM-GESI program in Belu.

Furthermore, Rene added that the STBM-GESI approach through WINNER in 36 villages has now achieved 100% Stop Open Defecation. In December 2022, they hosted a major celebration when declaring that Belu District reached 100% ODF. Now, they want the STBM Teams established in the villages to pursue the remaining four pillars.



STBM activities in child care is one of the nutrition sensitive intervention that could contribute to stunting reduction (Foto: Vinsensius Kiabeda/Yayasan Pijar Timur Indonesia)

DISABILITY ORGANISATION IN NTT AND NTB CONTRIBUTE TO STBM

ACHIEVEMENTS



Disability group from LIDI, NTB, becomes one of the key players in achieving STBM-GESI in NTB. (Photo: Musfarayani/ Plan Indonesia)

Samuel Billy Ngongo, Chief Association of People with Disabilities of Rai Belu (Kumpesa Rai Belu), suffered a serious injury when travelling with his scooter to Manleten Village, Tasifeto Timur Sub-District, Belu District, NTT. At that time, he was doing his job to conduct STBM-GESI socialization and campaign on that village. Upon hearing the misfortune that Samuel had, Belu Regent, dr Agustinus Taolin, SpPD-KGEH, FINASIM called Samuel immediately to express his concern and lent his car to be used as a mean of transportation for Samuel and fellow members of Kumpesa Rai Belu to conduct STBM-GESI campaigns to villages. The Regent wishes the Kumpesa Team to do their noble job of assisting the District Government to achieve 100% Stop Open Defecation in Belu District.

Belu Regent is a doctor. Thus, he feels ashamed if there are people in the district that he leads still practicing open defecation. He wanted Belu communities to live a healthy life with access to proper sanitation.

"Since we included Kumpesa in the STBM-GESI implementation and assisting us to achieve the target of Stop Open Defecation, it has been an eye opener for us that the disabilities group can also contribute to the benefit of the people," explained Rene Baria, Head of Development Planning, Regional Research and Development Agency (BP4D) Belu District, in a Zoom interview conducted in December 2022.

In NTB, Plan Indonesia and its partner, Transform Indonesia, also involved the Pade Angen, an organisation under the Lombok Independent Disabilitas Indonesia (LIDI) Foundation. The disabilities group has been assisting in the achievement of Five STBM Pillars in Mataram City, and Pillar 1 in Lombok Tengah (*Loteng*) District. Both areas have now been declared 100% of their communities as Open Defecation Free (ODF). Currently, LIDI is still actively assisting the *Loteng* District Government in achieving the fourth and fifth pillars, following their successful contribution in achieving the STBM Pillar 1 to 3 in 2022.

In NTT, in addition to Kumpesa in Belu District, in Malaka District there is Perkumpulan Penyandang Disabilitas Malaka (Persama), currently striving to complete the STBM Pillar 1.

On average, these disabilities organisations conducting STBM socializations and campaigns, shared similar experiences and challenges like Samuel. From the non-disabilities friendly road access and facilities, to underestimated by the communities. Yet, when they show care, confidence, and sincerity, people started to listen. They also inspire other people with disabilities who feel powerless. Of course, without the support from the district/city government, perhaps it is very hard for the disabilities group to be thus far empowered.

SANITATION, VULNERABLE GROUPS, AND CHANGING CLIMATE



Sinda Atok, a disability people organization coordinator from Malaka have been actively promoting inclusive and resilient WASH to the community (Photo: Agus Haru/Plan Indonesia)

Leuntolu Village, Raimanuk Sub-District, Belu Regency, East Nusa Tenggara (NTT), always have repeated occurrence of flooding during the rainy season. However, the 2021 flood was the worst, not just for Leuntolu Village but also for the most areas in NTT. In addition to flood, some areas also had landslides. The disaster is an extreme climate change generating the tropical cyclone Seroja.

The National Disaster Management Agency (BNPB) recorded the impact of Cyclone Seroja in NTT; 181 people died and more than 400 thousand people were affected. Most of the affected are vulnerable groups including disabilities groups, children, toddlers, women, and the elderly.

Leuntolu Village is located near to Halilulik-Motamaro creek and when Cyclone Seroja hit, the flood overflowed the residents' houses. The house of the couple with disabilities, Rafael Moruk and his wife, Mardiana was unspare.

"I feel sorry for my wife for having hard times in her activities, especially when she needs to use the bathroom. She has polio, making her difficult to walk in a thick, knee-deep mud. I am unable to help her too, as I have disability in my hands," Rafael said.

At that time, they did not have their own latrine and is still using a latrine owned by a closest relative, five meters away from their house. It was also difficult to access clean water as the well was polluted by mud and flood water.

Similar difficulties are also experienced by another person with disability from Malaka District, Persama Chief, Yasinta Dahu Atok, telling how she assisted her fellow disabled friends who were affected by the flood.

"They could not go home or their houses are not designed to enable them to move and do activities according to their physical limitations, so I accommodated them at my house, which was not affected," she explained.

Belu District Government realises the vulnerability of their area to the impact of climate change, especially after the Cyclone Seroja disaster. Rene Baria, Head of Development Planning, Regional Research and Development Agency (BP4D) of Belu District, said that the government has started to prepare disability-friendly public access. They are now striving to adjust the budget and program to ensure the sanitation access built are able to reach people with disabilities who are vulnerable to the impact of climate change.

DISASTER MITIGATION AND DISABILITY-FRIENDLY TOILET

Rene appreciates effort from the WINNER Program to provide construction model of sanitation access for people with disabilities that is based on disaster mitigation. One of them is the latrine in Rafael's house, constructed as a pilot project in 2022.



With the support from community and the WASH SDG project, Adriana Aek, disability woman from Belu has built toilet that he could easily access. The toilet also has been adapted with the flood which frequently occurs in the village she lives. (Photo: Vinsensius Kiabeda/Yayasan Pijar Timur Indonesia)

“When Plan Indonesia and Kumpesa (Association of Persons with Disabilities of Rai Belu) visited my house, they were surprised to see how hard it was for my wife to go to the bathroom. I never tell this condition when I'm helping Kumpesa to socialize STBM-GESI in various villages. Then, came the story about the 2021 flood and how my wife struggles just to go to the bathroom 5 meters away. So, I am grateful and thankful for this program,” Rafael said.

Rafael, who had received WUSAN training, is constructing a prototype of a disability-friendly toilet, with the help of his two colleagues who were also trained as Sanitation Entrepreneur (WUSAN) by Plan Indonesia. Now, there is a sitting toilet with metal handrail on the wall leading into the toilet, so it is easier for Mardiana to walk without slipping. The latrine is also built adjacent to their kitchen. Now, even during the flood, Mardiana can safely and comfortably go to the latrine without any difficulty.

The Belu District Government also supported the effort to empower WUSAN, as done by Kumpesa member. Even the Belu Regent, dr. Agustinus Taolin, Sp. PD-KGEH, FINASIM gave financial aid to WUSAN of Kumpesa Member to produce 50 sitting toilets to be distributed to community members who have been triggered not to defecate openly and requiring toilet in their homes.

In Malaka District, the training for sanitation entrepreneur is not limited to make squatting toilet but sitting toilet as well, to ensure that the training participants will be able to meet the future needs from the disabilities group.

In terms of climate change impact mitigation in the WASH sector, Plan Indonesia is preparing the Climate Change Resilient Module for Inclusive Sanitation Facilities. Included in the module is designing latrine for the household or public sanitation, by considering the level of comfort and safety of its users, as well as considering climate change related aspects. For example, the vulnerability to landslides, flood, located near to a watershed, abrasion and others.

THE IMPORTANCE OF FATHER'S ROLE IN CHILD CARE TO PREVENT STUNTING

Rahmawan, 31, never hesitates while doing household chores. He knows how hard they are, not to mention taking care of the children. So, he does not mind sharing household roles with his wife.

"Working as an ojek driver like me, or even office works, is incomparable with what my wife does, which is tiring. So, I do not mind, even come up with my own initiative to share household chores with my wife," Rahmawan, an ojek driver in Telaga Mas, Bintaro Sub-District, Mataram City, NTB, explained.

He also wants to show the role to his two children; doing laundry, washing dishes, cooking, which can also be done by a father like himself. He also cares for his 2.5 years old toddler.

"I took my wife to the doctor, accompanying her when giving birth. I also take turns in looking after our children, changing nappies, feeding, even bathing them until now," he explained with a laugh.

Wahyudin, also a resident of Mataram City, NTB, shared the same story. Doing house chores, like cleaning the garden, cleaning the house, cooking, and even taking care of the children, is nothing new for him, as his parents do just the same thing. So, he sees it as nothing special.

What is a surprise for them both is when some men, claiming to be heads of families, refuse to share the roles with their wives in doing house chores and taking care of their own children. They listened to the opinions of male participants, who mostly are heads of families during a discussion *The Role of Fathers in Childcare* held by Plan Indonesia in 2019.



Father in Belu District is teaching his child on hand washing with soap (Photo: Agus Haru/Plan Indonesia)

"I want to laugh it off as it is weird. How tiring is it, doing office works or other jobs, compared to what their wife are doing at home. Those children are our own anyway, why do we let just our wife to care for them. We suppose to do that together," Rahmawan explained.

Wahyudin even went further by talking about the reactions of his neighbours, seeing him hang-drying clothes or feeding his toddler. He often heard "teasing" comment, like "Wow, are you a housewife, now?" from his neighbours. But he took it casually.

"I'm used to see my father and mother share household roles, so no problem there. I also want to show my two children that it is OK for men to do household chores or sharing roles with the wives," he explained.

Rahmawan said similar thing. He even ends his work as an ojek driver sooner when his children and wife need him. For him, family is more important and a priority.

Plan Indonesia encourages efforts to women and men equality, in particular for childcare since they are still in the womb, until they are born, as well as the process of raising and caring for them. Childcare is the obligation of both parents (father and mother). Children also reserve the right to get affection, time, and attention from their father and mother, not merely material things. To enable them to grow up with strong character, cheerful, confident, and open-minded.

Here, the role of fathers in childcare, is also to ensure the children are clean and healthy, and observe a good children diet within the STBM framework which is expected to also lower the stunting rate.

WORKING TOGETHER FOR HEALTHIER VILLAGE WITH STBM-GESI

Wayan Sutini, 49, (in yellow shirt), a Sanitarian from Kopang Sub-District, Lombok Tengah, NTB, and her team of cadres succeeded in ensuring that the Villages are implementing the five STBM pillars. Now, the community can reap the benefits, especially in waste management to generate income. Compost is used in the communal garden managed by Karang Taruna. Magot for livestock and crafts made from plastic waste. This STBM movement is carry out wholeheartedly and voluntarily. Now, the community can enjoy the results. Healthy, clean, and beautiful. (Photo: Musfarayani/ Plan Indonesia)




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